

## YMCA Gym Schedule October 8th - 14th

Time	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday	Sunday	
	West	East	West	East	West	East	West	East	Tabata Circuit			
5:00												
5:30												
6:00												
6:30										West	East	
7:00												
7:30												
8:00												
8:30					TRX							
9:00	Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11			
9:30											West	East
10:00									Child Care Activity 8:45-11			
10:30												
11:00												
11:30								TRX				
12:00												
12:30												
1:00												
1:30												
2:00												
2:30												
3:00	Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30			
3:30												
4:00												
4:30												
5:00												
5:30												
6:00												
6:30												Closes at 6:30 pm
7:00												
7:30												Closes at 7:30 pm
8:00												
8:30												Closes at 8:30 pm
9:00												
9:30	Closes at 9:30 pm		Closes at 9:30 pm		Closes at 9:30 pm		Closes at 9:30 pm					

Restricted Gym Availability =   
 Normal Open Gym Availability =

## YMCA Gym Schedule October 15th - 21st

Time	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday	Sunday	
	West	East	West	East	West	East	West	East	Tabata Circuit			
5:00												
5:30												
6:00												
6:30										West	East	
7:00												
7:30												
8:00												
8:30					TRX							
9:00												
9:30	Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		West	East
10:00									Child Care Activity 8:45-11			
10:30												
11:00												
11:30								TRX				
12:00												
12:30												
1:00												
1:30												
2:00												
2:30												
3:00												
3:30	Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30			
4:00												
4:30												
5:00												
5:30												
6:00												
6:30												Closes at 6:30 pm
7:00												
7:30												Closes at 7:30 pm
8:00												
8:30												Closes at 8:30 pm
9:00												
9:30	Closes at 9:30 pm		Closes at 9:30 pm		Closes at 9:30 pm		Closes at 9:30 pm					

Restricted Gym Availability =   
 Normal Open Gym Availability =