



# YMCA Gym Schedule Mon. June 12-Sun. July 2

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00	West	East	West	East	TRX Training 5:15-6	East	West	East	Group Fitness 5:10-6:10					
5:30														
6:00														
6:30		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp	West	East		
7:00														
7:30		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp				
8:00														
8:30														
9:00														
9:30	Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11				West	East
10:00														
10:30														
11:00														
11:30							TRX Training 11-12							
12:00		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp				
12:30														
1:00			Kinder Gym 11-3											
1:30														
2:00														
2:30														
3:00														
3:30	Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30					
4:00														
4:30														
5:00		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp	West	East	West	East
5:30											closes at 5pm		closes at 5pm	
6:00														
6:30														
7:00														
7:30											West	East	closes at 7:30pm	
8:00	West	East	West	East	West	East	West	East						
8:30	closes at 8:30pm		closes at 8:30pm		closes at 8:30pm		closes at 8:30pm							

Restricted Gym Availability =   
 Normal Open Gym Availability = 

# YMCA Gym Schedule Mon. JuLY 3-Sun. July 9


Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
5:00	West	East	West	East	TRX Training 5:15-6	East	West	East	Group Fitness 5:10-6:10									
5:30																		
6:00																		
6:30		Day Camp				Day Camp		Day Camp		Day Camp		Day Camp						
7:00																		
7:30																		
8:00																		
8:30																		
9:00																		
9:30	Child Care Gym Time 8:45-11				Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11									
10:00																		
10:30																		
11:00		Day Camp				Day Camp		TRX Training 11-12		Day Camp								
11:30																		
12:00																		
12:30																		
1:00																		
1:30																		
2:00																		
2:30																		
3:00																		
3:30	Child Care Gym Time 3-4:30				Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30									
4:00																		
4:30		Day Camp				Day Camp		Day Camp		Day Camp								
5:00																		
5:30																		
6:00																		
6:30																		
7:00																		
7:30																		
8:00	West	East	West	East	West	East	West	East										
8:30	closes at 8:30pm		closes at 8:30pm		closes at 8:30pm		closes at 8:30pm											

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Restricted Gym Availability =   
 Normal Open Gym Availability =

# YMCA Gym Schedule Mon. July 10-Sun. August 6

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00	West	East	West	East	TRX Training 5:15-6	East	West	East	Group Fitness 5:10-6:10					
5:30														
6:00														
6:30		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp	West	East		
7:00		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp				
7:30		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp				
8:00														
8:30														
9:00														
9:30	Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11				West	East
10:00														
10:30														
11:00														
11:30							TRX Training 11-12							
12:00		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp				
12:30														
1:00			Kinder Gym 11-3											
1:30														
2:00														
2:30														
3:00														
3:30	Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30					
4:00														
4:30														
5:00		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp	West	East	West	East
5:30		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp	closes at 5pm		closes at 5pm	
6:00														
6:30														
7:00														
7:30											West	East	closes at 7:30pm	
8:00	West	East	West	East	West	East	West	East						
8:30	closes at 8:30pm		closes at 8:30pm		closes at 8:30pm		closes at 8:30pm							

Restricted Gym Availability =   
 Normal Open Gym Availability = 