





# YMCA Gym Schedule Mon-Sun, Feb 26-March 11

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00	West	East	West	East	West	East	West	East	Group Fitness 5:10-6:10					
5:30														
6:00														
6:30											West	East		
7:00														
7:30														
8:00														
8:30								TRX Training 8-10						
9:00	Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11				Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11				
9:30													West	East
10:00														
10:30														
11:00			TRX Training 11-12											
11:30														
12:00														
12:30														
1:00				Kinder Gym 11-3										
1:30														
2:00														
2:30														
3:00	Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30					
3:30														
4:00														
4:30														
5:00			Pro- graming No Open Gym 5-6:15											
5:30														
6:00													West	East
6:30														closes at 6:30pm
7:00											West	East		
7:30														closes at 7:30pm
8:00										West	East			
8:30														closes at 8:30pm
9:00	West	East	West	East	West	East	West	East						
9:30	closes at 9:30pm		closes at 9:30pm		closes at 9:30pm		closes at 9:30pm							

Restricted Gym Availability =   
 Normal Open Gym Availability = 



# YMCA Gym Schedule Mon-Sun, March 12-March 18

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00	West	East	West	East	West	East	West	East	Group Fitness 5:10-6:10					
5:30														
6:00														
6:30											West	East		
7:00														
7:30														
8:00														
8:30								TRX Training 8-10						
9:00	Child Care Gym Time 8:45-11		Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11				Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11				
9:30													West	East
10:00														
10:30														
11:00			TRX Training 11-12											
11:30														
12:00														
12:30														
1:00														
1:30														
2:00														
2:30														
3:00	Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30	Child Care Gym Time 3-4:30				
3:30														
4:00														
4:30														
5:00														
5:30														
6:00													West	East
6:30														closes at 6:30pm
7:00														
7:30											West	East		
8:00														
8:30														
9:00	West	East	West	East	West	East	West	East						
9:30	closes at 9:30pm		closes at 9:30pm		closes at 9:30pm		closes at 9:30pm							

Restricted Gym Availability =   
 Normal Open Gym Availability = 


# YMCA Gym Schedule Mon-Sun, March 19-March 25

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00	West	East	West	East	West	East	West	East	Group Fitness 5:10-6:10					
5:30														
6:00														
6:30											West	East		
7:00														
7:30														
8:00														
8:30								TRX Training 8-10						
9:00														
9:30	Child Care Gym Time 8:45-11			Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11				Child Care Gym Time 8:45-11	Child Care Gym Time 8:45-11				
10:00													West	East
10:30														
11:00														
11:30			TRX Training 11-12											
12:00														
12:30														
1:00				Kinder Gym 11-3										
1:30														
2:00														
2:30														
3:00														
3:30	Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30		Child Care Gym Time 3-4:30					
4:00														
4:30														
5:00														
5:30														
6:00													West	East
6:30														closes at 6:30pm
7:00														
7:30													West	East
8:00														
8:30														
9:00														
9:30	closes at 9:30pm		closes at 9:30pm		closes at 9:30pm		closes at 9:30pm							

Restricted Gym Availability =   
 Normal Open Gym Availability = 

# YMCA Gym Schedule Mon-Sun, March 26-April 1

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00	West	East	West	East	West	East	West	East	Group Fitness 5:10-6:10					
5:30														
6:00														
6:30		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp	West	East
7:00														
7:30		Day Camp		Day Camp		Day Camp		TRX Training 8-10		Day Camp				
8:00														
8:30														
9:00	Child Care Gym Time 8:45-11		Day Camp	Child Care Gym Time 8:45-11	Day Camp	Child Care Gym Time 8:45-11	Day Camp	Day Camp	Child Care Gym Time 8:45-11	Day Camp	Day Camp	Day Camp	West	East
9:30														
10:00														
10:30														
11:00		Day Camp	TRX Training 11-12	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp		
11:30														
12:00		Day Camp	Kinder Gym 12-3											
12:30														
1:00														
1:30														
2:00														
2:30														
3:00		Day Camp	Child Care Gym Time 3-4:30	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp		
3:30														
4:00														
4:30		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp		
5:00				Day Camp		Day Camp		Day Camp		Day Camp		Day Camp		
5:30														
6:00													West	East
6:30													closes at 6:30pm	
7:00														
7:30													West	East
8:00													closes at 7:30pm	
8:30													West	East
9:00														
9:30	closes at 9:30pm		closes at 9:30pm		closes at 9:30pm		closes at 9:30pm							

Restricted Gym Availability =   
 Normal Open Gym Availability = 