



GYM SCHEDULE

NOVEMBER 1 – NOVEMBER 30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am Open Gym	5am Open Gym	5am Open Gym	5am Open Gym	5am-6am TABATA CIRCUIT Gym Closed		
6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym		
7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7am-10am PICKLEBALL Gym Closed	
8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym		
9am-11am Child Care West Side Closed	9am-11am Child Care West Side Closed	9am-11am Child Care West Side Closed	9am-11am Child Care West Side Closed	9am-11am Child Care West Side Closed		9am-11am PICKLEBALL Gym Closed
11am Open Gym	11am-2pm PICKLEBALL Gym Closed	11am-2pm PICKLEBALL Gym Closed	11am-2pm PICKLEBALL Gym Closed	11am Open Gym	11am Open Gym	11am Open Gym
12pm – 1pm TRX West Side Closed				12pm Open Gym	12pm Open Gym	12pm Open Gym
1pm Open Gym				1pm Open Gym	1pm Open Gym	1pm Open Gym
2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym
3pm-4pm Child Care West Side Closed	3pm-4pm Child Care West Side Closed	3pm-4pm Child Care West Side Closed	3pm-4pm Child Care West Side Closed	3pm-4pm Child Care West Side Closed	3pm Open Gym	3pm Open Gym
4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym
5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym
6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Facility Closed	6pm Facility Closed
7pm Open Gym	7pm Open Gym	7pm Open Gym	7pm Open Gym	7pm Open Gym		
8pm Open Gym	8pm Open Gym	8pm Open Gym	8pm Open Gym	8:30pm Facility Closed		
9:30pm Facility Closed	9:30pm Facility Closed	9:30pm Facility Closed	9:30pm Facility Closed			