



GYM SCHEDULE

FEBRUARY 1 – FEBRUARY 29

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am Open Gym	5am Open Gym	5am Open Gym	5am Open Gym	5am-6am TABATA CIRCUIT Gym Closed		
6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym		
7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7:15am-10am PICKLEBALL Gym Closed	
8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym		9:15am-11am PICKLEBALL Gym Closed
9 am- 11 am KINDER GYM Child Watch and Child Care Only West Side Closed	9am Open Gym	9am Open Gym	9am Open Gym	9am Open Gym		
11 am-12 pm OPEN KINDER GYM Open to YMCA Members West Side Closed	10am Open Gym	10am Open Gym	10am Open Gym	10am Open Gym	10am Open Gym	
	11am-2pm PICKLEBALL Gym Closed	11am-2pm PICKLEBALL Gym Closed	11am-2pm PICKLEBALL Gym Closed	11am Open Gym	11am Open Gym	11am Open Gym
12pm TRX East Side Closed				12pm Open Gym	12pm Open Gym	12pm Open Gym
1pm Open Gym				1pm Open Gym	1pm Open Gym	1pm Open Gym
2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym
3pm Open Gym	3pm Open Gym	3pm Open Gym	3pm Open Gym	3pm Open Gym	3pm Open Gym	3pm Open Gym
4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym	4pm Open Gym
5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym
6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Facility Closed	6 pm Facility Closed
7pm Open Gym	7pm Open Gym	7pm Open Gym	7pm Open Gym	7pm Open Gym		
8pm Open Gym	8-9:30 pm MENS LEAGUE Gym Closed	8-9:30 pm PICKLEBALL LEAGUE Gym Closed	8pm Open Gym	8:30pm Facility Closed		
9:30pm Facility Closed			9:30pm Facility Closed			