



GYM SCHEDULE

MARCH 1 – MARCH 31

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|--|--|--|---|---|
| 5am Open Gym | 5am Open Gym | 5am Open Gym | 5am Open Gym | 5am-6am TABATA CIRCUIT Gym Closed | | |
| 6am Open Gym | 6am Open Gym | 6am Open Gym | 6am Open Gym | 6am Open Gym | | |
| 7am Open Gym | 7am Open Gym | 7am Open Gym | 7am Open Gym | 7am Open Gym | 7:15am-10am PICKLEBALL Gym Closed | |
| 8am Open Gym | 8am Open Gym | 8am Open Gym | 8am Open Gym | 8am Open Gym | | 9:15am-11am PICKLEBALL Gym Closed |
| 9 am- 11 am KINDER GYM Child Watch and Child Care Only West Side Closed | 9am Open Gym | 9am Open Gym | 9am Open Gym | 9am Open Gym | | |
| 11 am-12 pm OPEN KINDER GYM Open to YMCA Members West Side Closed | 10am Open Gym | 10am Open Gym | 10am Open Gym | 10am Open Gym | 10am Open Gym | 11am Open Gym |
| | 11am-2pm PICKLEBALL Gym Closed | 11am-2pm PICKLEBALL Gym Closed | 11am-2pm PICKLEBALL Gym Closed | 11am Open Gym | 11am Open Gym | |
| 12pm TRX East Side Closed | | | | 12pm Open Gym | 12pm Open Gym | |
| 1pm Open Gym | | | | 1pm Open Gym | 1pm Open Gym | 1pm Open Gym |
| 2pm Open Gym | 2pm Open Gym | 2pm Open Gym | 2pm Open Gym | 2pm Open Gym | 2pm Open Gym | 2pm Open Gym |
| 3pm Open Gym | 3pm Open Gym | 3pm Open Gym | 3pm Open Gym | 3pm Open Gym | 3pm Open Gym | 3pm Open Gym |
| 4pm Open Gym | 4pm Open Gym | 4pm Open Gym | 4pm Open Gym | 4pm Open Gym | 4pm Open Gym | 4pm Open Gym |
| 5pm Open Gym | 5-7pm YOUTH SPORTS Gym Closed | 5pm Open Gym | 5pm Open Gym | 5pm Open Gym | 5pm Open Gym | 5pm Open Gym |
| 6pm Open Gym | | 6pm Open Gym | 6pm Open Gym | 6pm Open Gym | 6pm Facility Closed | 6 pm Facility Closed |
| 7pm Open Gym | 7pm Open Gym | 7pm Open Gym | 7pm Open Gym | 7:15-8:15 pm BATTING CAGE RENTAL West Side Closed | | |
| 8:15-9:15 pm BATTING CAGE RENTAL West Side Closed | 8pm Open Gym | 8pm Open Gym | 8pm Open Gym | | | |
| | 9:30pm Facility Closed | 9:30pm Facility Closed | 9:30pm Facility Closed | | | |