GYM SCHEDULE OCTOBER 1 – OCTOBER 31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am	5am	5am	5am	5am-6am	_	_
Open Gym	Open Gym	Open Gym	Open Gym	TABATA		
				CIRCUIT Gym Closed		
6am	6am	6am	6am	6am		
Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
		. ,	. ,			
7am	7am	7am	7am	7am	7-10am	
Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	PICKLEBALL	
8am	8am	8am	8am	8am	Gym Closed	
Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
9 am- 11 am	9 am- 11 am		9-11am			
KINDER GYM	CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE		PICKLEBALL
Child Watch and	West Side	West Side Closed	West Side	West Side		Gym Closed
Child Care only.	Closed		Closed	Closed		=
West Side Closed					10am Open Gym	
11am - 12 pm	11am - 2 pm	11am - 2 pm	11am - 2 pm	11am	11am	11am
OPEN KINDER	PICKLEBALL	PICKLEBALL	PICKLEBALL	Open Gym	Open Gym	Open Gym
GYM	Gym Closed	Gym Closed	Gym Closed	. ,	. ,	. ,
Open to YMCA						
Members. West Side						
Closed						
12pm				12pm	12pm	12pm
TRX				Open Gym	Open Gym	Open Gym
East Side Closed						
1pm				1pm	1pm	1pm
Open Gym	2	2	2	Open Gym	Open Gym	Open Gym
2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm	2pm
3pm- 4:30pm	3pm- 4:30pm	3pm- 4:30pm	3pm- 4:30pm	3pm- 4:30pm	Open Gym 3pm	Open Gym 3pm
CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	Open Gym	Open Gym
West Side	West Side	West Side Closed	West Side	West Side	4pm	4pm
Closed	Closed		Closed	Closed	Open Gym	Open Gym
5pm	5:30-7:30pm	5pm	5pm	5pm	5pm	5pm
Open Gym	YOUTH	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
6pm	SPORTS Gym Closed	6pm	6pm	6pm	6pm	6pm
Open Gym	Gyiii Ciosed	Open Gym	Open Gym	Open Gym	Facility Closed	Facility
		7pm	7	7		Closed
7		ı /DM	7pm	7pm		
7pm Open Gvm		•	Open Gvm	Open Gvm		
Open Gym	Snm	Open Gym	Open Gym	Open Gym		
•	8pm Open Gym	•	Open Gym 8pm Open Gym	Open Gym 8:30pm Facility Closed		
Open Gym 8pm	•	Open Gym 8pm	8pm	8:30pm		