GYM SCHEDULE
SEPTEMBER 1 – SEPTEMBER 30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am Open Gym	**5am** Open Gym	**5am** Open Gym	**5am** Open Gym	**5am-6am** **TABATA CIRCUIT** Gym Closed		
6am Open Gym	**6am** Open Gym	**6am** Open Gym	**6am** Open Gym	**6am** Open Gym		
7am Open Gym	**7am** Open Gym	**7am** Open Gym	**7am** Open Gym	**7am** Open Gym	**7am** Open Gym	
8am Open Gym	**8am** Open Gym	**8am** Open Gym	**8am** Open Gym	**8am** Open Gym	**8am** Open Gym	
9 am- 11 am **KINDER GYM** Child Watch and Child Care only. West Side Closed	**9 am- 11 am** **CHILD CARE** West Side Closed	**9 am- 11 am** **CHILD CARE** West Side Closed	**9 am- 11 am** **CHILD CARE** West Side Closed	**9 am- 11 am** **CHILD CARE** West Side Closed	**9am** Open Gym	
					10am Open Gym	**10am** Open Gym
11am – 12 pm **OPEN KINDER GYM** Open to YMCA Members. West Side Closed	**11am – 2 pm** **PICKLEBALL** Gym Closed	**11am – 2 pm** **PICKLEBALL** Gym Closed	**11am – 2 pm** **PICKLEBALL** Gym Closed	**11am** Open Gym	**11am** Open Gym	**11am** Open Gym
12pm **TRX** East Side Closed				**12pm** Open Gym	**12pm** Open Gym	**12pm** Open Gym
1pm Open Gym				**1pm** Open Gym	**1pm** Open Gym	**1pm** Open Gym
2pm Open Gym	**2pm** Open Gym	**2pm** Open Gym	**2pm** Open Gym	**2pm** Open Gym	**2pm** Open Gym	**2pm** Open Gym
3pm- 4:30pm **CHILD CARE** West Side Closed	**3pm- 4:30pm** **CHILD CARE** West Side Closed	**3pm- 4:30pm** **CHILD CARE** West Side Closed	**3pm- 4:30pm** **CHILD CARE** West Side Closed	**3pm- 4:30pm** **CHILD CARE** West Side Closed	**3pm** Open Gym	**3pm** Open Gym
					4pm Open Gym	**4pm** Open Gym
5pm Open Gym	**5pm** Open Gym	**5pm** Open Gym	**5pm** Open Gym	**5pm** Open Gym	**5pm** Facility Closed	**5pm** Facility Closed
6pm Open Gym	**6pm** Open Gym	**6pm** Open Gym	**6pm** Open Gym	**6pm** Open Gym		
7pm Open Gym	**7pm** Open Gym	**7pm** Open Gym	**7pm** Open Gym	**7:30pm** Facility Closed		
8:30pm Facility Closed	**8:30pm** Facility Closed	**8:30pm** Facility Closed	**8:30pm** Facility Closed			