



# GYM SCHEDULE

## JULY 1 – JULY 31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5am</b> Open Gym	<b>5am</b> Open Gym	<b>5am</b> Open Gym	<b>5am</b> Open Gym	<b>5am</b> <b>TABATA</b> <b>CIRCUIT</b> Gym Closed		
<b>6am</b> Open Gym	<b>6am</b> Open Gym	<b>6am</b> Open Gym	<b>6am</b> Open Gym	<b>6am</b> Open Gym		
<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7am</b> Open Gym	
<b>8am</b> Open Gym	<b>8am</b> Open Gym	<b>8am</b> Open Gym	<b>8am</b> Open Gym	<b>8am</b> Open Gym	<b>8am</b> Open Gym	
<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9am</b> Open Gym	<b>9am</b> Open Gym
					<b>10am</b> Open Gym	<b>10am</b> Open Gym
<b>11am</b> Open Gym	<b>11am</b> Open Gym	<b>11am</b> Open Gym	<b>11am</b> Open Gym	<b>11am</b> Open Gym	<b>11am</b> Open Gym	<b>11am</b> Open Gym
<b>12pm</b> <b>TRX</b> East Side Closed	<b>12pm</b> Open Gym	<b>12pm</b> Open Gym	<b>12pm</b> Open Gym	<b>12pm</b> Open Gym	<b>12pm</b> Open Gym	<b>12pm</b> Open Gym
<b>1pm</b> Open Gym	<b>1pm</b> Open Gym	<b>1pm</b> Open Gym	<b>1pm</b> Open Gym	<b>1pm</b> Open Gym	<b>1pm</b> Open Gym	<b>1pm</b> Open Gym
<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym
<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm</b> Open Gym	<b>3pm</b> Open Gym
					<b>4pm</b> Open Gym	<b>4pm</b> Open Gym
<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Facility Closed	<b>5pm</b> Facility Closed
<b>6pm</b> Open Gym	<b>6pm</b> Open Gym	<b>6pm</b> Open Gym	<b>6pm</b> Open Gym	<b>6pm</b> Open Gym		
<b>7pm</b> Open Gym	<b>7:30pm</b> Open Gym	<b>7pm</b> Open Gym	<b>7pm</b> Open Gym	<b>7:30pm</b> Facility Closed		
<b>8:30 am</b> Facility Closed	<b>8:30pm</b> Facility Closed	<b>8:30pm</b> Facility Closed	<b>8:30pm</b> Facility Closed			