



GYM SCHEDULE

AUGUST 1 – AUGUST 31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am Open Gym	5am Open Gym	5am Open Gym	5am Open Gym	5am TABATA CIRCUIT Gym Closed		
6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym		
7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	
8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym	
9 am- 11 am CHILD CARE West Side Closed	9 am- 11 am CHILD CARE West Side Closed	9 am- 11 am CHILD CARE West Side Closed	9 am- 11 am CHILD CARE West Side Closed	9 am- 11 am CHILD CARE West Side Closed	9am Open Gym	9am Open Gym
					10am Open Gym	10am Open Gym
11am Open Gym	11am Open Gym	11am Open Gym	11am Open Gym	11am Open Gym	11am Open Gym	11am Open Gym
12pm TRX East Side Closed	12pm Open Gym	12pm Open Gym	12pm Open Gym	12pm Open Gym	12pm Open Gym	12pm Open Gym
1pm Open Gym	1pm Open Gym	1pm Open Gym	1pm Open Gym	1pm Open Gym	1pm Open Gym	1pm Open Gym
2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym
3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm Open Gym	3pm Open Gym
					4pm Open Gym	4pm Open Gym
5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Open Gym	5pm Facility Closed	5pm Facility Closed
6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Open Gym	6pm Open Gym		
7pm Open Gym	7:30pm Open Gym	7pm Open Gym	7pm Open Gym	7:30pm Facility Closed		
8:30 am Facility Closed	8:30pm Facility Closed	8:30pm Facility Closed	8:30pm Facility Closed			