



GYM SCHEDULE

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am Open Gym	5am Open Gym	5am Open Gym	5am Open Gym	5am TABATA CIRCUIT Gym Closed		
6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym	6am Open Gym		
7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7am Open Gym	7:15am-10:30 am PICKLEBALL Gym Closed	
8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym	8am Open Gym		
9am KINDERGYM Child watch only West Side	9 am- 11 am CHILD CARE West Side Closed	9 am- 11 am CHILD CARE West Side Closed	9 am- 11 am CHILD CARE West Side Closed	9 am- 11 am CHILD CARE West Side Closed		9-11am PICKLEBALL Gym Closed
10am KINDERGYM Child care only West Side	9-10am TRX Small Group Gym Closed		9-10am TRX Small Group Gym Closed		10:30am Open Gym	
11am KINDERGYM Open to members/guests West Side	11am-2pm PICKLEBALL Gym Closed	11am-2pm PICKLEBALL Gym Closed	11am-2pm PICKLEBALL Gym Closed	11am Open Gym	11am Open Gym	11am Open Gym
12pm TRX East Side Closed				12pm Open Gym	12pm Open Gym	12pm Open Gym
1pm Open Gym				1pm Open Gym	1pm Open Gym	1pm Open Gym
2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym	2pm Open Gym
3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm- 4:30pm CHILD CARE West Side Closed	3pm Open Gym	3pm Open Gym
5pm Open Gym	5-7pm Youth Basketball Gym Closed	5pm Open Gym	5pm Open Gym	5pm Open Gym	4pm Open Gym	4pm Open Gym
6pm Open Gym					5pm Open Gym	5pm Open Gym
7pm Open Gym	7:00pm Open Gym	7pm Open Gym	7pm Open Gym	7pm Open Gym	6pm Facility Closed	6pm Facility Closed
8pm Open Gym	8pm Open Gym	8pm Open Gym	8pm Open Gym	8:30pm Facility Closed		
9:30pm Facility Closed	9:30pm Facility Closed	9:30pm Facility Closed	9:30 pm Facility Closed			