



# GYM SCHEDULE

## JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5am</b> Open Gym	<b>5am</b> Open Gym	<b>5am</b> Open Gym	<b>5am</b> Open Gym	<b>5am</b> <b>TABATA CIRCUIT</b> Gym Closed		
<b>6am</b> Open Gym	<b>6am</b> Open Gym	<b>6am</b> Open Gym	<b>6am</b> Open Gym	<b>6am</b> Open Gym		
<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7am</b> Open Gym	<b>7:15am-10:30 am</b> <b>PICKLEBALL</b> Gym Closed	
<b>8am</b> Open Gym	<b>8am</b> Open Gym	<b>8am</b> Open Gym	<b>8am</b> Open Gym	<b>8am</b> Open Gym		
<b>9am</b> <b>KINDERGYM</b> Child watch only West Side	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9 am- 11 am</b> <b>CHILD CARE</b> West Side Closed	<b>9-11am</b> <b>PICKLEBALL</b> Gym Closed
<b>10am</b> <b>KINDERGYM</b> Child care only West Side					<b>10:30am</b> Open Gym	
<b>11am</b> <b>KINDERGYM</b> Open to members/guests West Side	<b>11am-2pm</b> <b>PICKLEBALL</b> Gym Closed	<b>11am-2pm</b> <b>PICKLEBALL</b> Gym Closed	<b>11am-2pm</b> <b>PICKLEBALL</b> Gym Closed	<b>11am</b> Open Gym	<b>11am</b> Open Gym	<b>11am</b> Open Gym
<b>12pm</b> <b>TRX</b> East Side Closed				<b>12pm</b> Open Gym	<b>12pm</b> Open Gym	<b>12pm</b> Open Gym
<b>1pm</b> Open Gym				<b>1pm</b> Open Gym	<b>1pm</b> Open Gym	<b>1pm</b> Open Gym
<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym	<b>2pm</b> Open Gym
<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm- 4:30pm</b> <b>CHILD CARE</b> West Side Closed	<b>3pm</b> Open Gym	<b>3pm</b> Open Gym
<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym	<b>5pm</b> Open Gym
<b>6pm</b> Open Gym	<b>6-7:30 PM</b> <b>YOUTH BASKETBALL</b> Gym Closed	<b>6pm</b> Open Gym	<b>6pm</b> Open Gym	<b>6pm</b> Open Gym	<b>6pm</b> Facility Closed	<b>6pm</b> Facility Closed
<b>7pm</b> Open Gym		<b>7pm</b> Open Gym	<b>7pm</b> Open Gym	<b>7pm</b> Open Gym		
<b>8pm</b> Open Gym	<b>7:30pm</b> Open Gym	<b>8pm</b> Open Gym	<b>8pm</b> Open Gym	<b>8:30pm</b> Facility Closed		
<b>9:30pm</b> Facility Closed	<b>9:30pm</b> Facility Closed	<b>9:30pm</b> Facility Closed	<b>9:30 pm</b> Facility Closed			