



GYM SCHEDULE

AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5am-9am Open Gym	5am POWER CIRCUIT Gym Closed	5am-9am Open Gym	5am-9am Open Gym	5am TABATA CIRCUIT Gym Closed	7am-5pm Open Gym		
	6am-9am Open Gym			6am-9am Open Gym			
9 am-11 am CHILD CARE West Side Closed East Open	9 am-11 am CHILD CARE West Side Closed East Open	9 am-11 am CHILD CARE West Side Closed East Open	9 am-11 am CHILD CARE West Side Closed East Open	9 am-11 am CHILD CARE West Side Closed East Open			10am-5pm Open Gym
11am Open Gym	11am-3pm Open Gym	11am-3pm Open Gym	11am-3pm Open Gym	11am-3pm Open Gym			
12pm TRX East Side Closed West open							
1pm-3pm Open Gym							
3pm- 4:30pm CHILD CARE West Side Closed East Open	3pm- 4:30pm CHILD CARE West Side Closed East Open	3pm- 4:30pm CHILD CARE West Side Closed East Open	3pm- 4:30pm CHILD CARE West Side Closed East Open	3pm- 4:30pm CHILD CARE West Side Closed East Open			
4:30 pm- 8:30 pm Open Gym	4:30pm- 8:30pm Open Gym	4:30pm- 8:30pm Open Gym	4:30pm- 8:30pm Open Gym	4:30pm- 7:30pm Open Gym	5pm Facility Closed	5pm Facility Closed	
				7:30pm Facility Closed			
8:30pm Facility Closed	8:30pm Facility Closed	8:30pm Facility Closed	8:30pm Facility Closed				